

How is 4-H impacting you?

4-H Canada wants to hear from 4-H members directly! Are you a club member in grades 4 to 12 who can share your ideas on how to make 4-H even better than it already is? Do you want to let us know about your favourite 4-H programs, initiatives and events in Alberta? The survey will take about 30 minutes and is easy to fill out. It is one way to share your voice while giving back to 4-H.

Visit <https://survey.search-institute.org/s3/dapv3-16567> to participate in 4-H Canada's Youth and Program Strengths Survey.

Selections 2020

Attention Senior Members...get your diaries ready! Selections 2020, taking place May 1 - 4 in Olds, is now open for [registration](#).

We believe that youth are the key to their own success, and to the success of those around them. What Selections does is simply give senior members a few more tools for helping them to realize their full potential at school or in the workforce upon graduation from high school. This short program offers all of this in a dynamic and fast-paced atmosphere, with plenty of time for making friends and having a great time – dancing included! 4-H Alberta Ambassadors, the Premier's Award Recipient and various travel award recipients are also selected at this program.

Your 4-H Diaries should be received by your 4-H Specialist no later than February 15.

4-H Canada's Youth Advisory Committee (YAC) is looking for a new Alberta member—could it be you?

YAC is the youth voice for 4-H Canada and all representatives bring their passion for 4-H, leadership skills and positivity to the table. The Alberta member should be willing to share their opinions and perspectives while building a respectful and inclusive environment for all youth involved with the committee.

This two-year volunteer commitment is open to current and past 4-H Alberta members in good standing, between the ages of 18-25. The time commitment is approximately 2 hours per month with most meetings held via teleconference. The representative will be required to submit timely YAC reports to 4-H Alberta, promote national 4-H programs, and connect with 4-H Alberta Ambassadors as a resource.

For more information or to apply please visit <https://www.4h.ab.ca/About/awards.html>. The application deadline is December 2, 2019.

4-H Alberta Events & Opportunities

2019/20 4-H Club Year Registration Nears Close

Club Registration **closes December 1, 2019**. Clubs must have a minimum of eight (8) members and at least one volunteer leader who is 18 years of age or older. In addition, a club must offer at least one 4-H approved project.

For more information on starting your club click [here](#).

Selections - May 1 - 4

This short program offers a dynamic and fast-paced atmosphere, with plenty of time for making friends and having a great time – dancing included!

Registration Deadline: March 5, 2020
Early Bird Registration Deadline: February 15, 2020

4-H Archery Mailmatch competition

Did you know that archery project members can participate in a 4-H Alberta Mailmatch competition? Each month an archer can submit one score and the highest of the four scores shot throughout the designated time period will be used to determine your final placing.

Registration Deadline: December 31, 2019

Other Events & Opportunities

Senior 4-H Member Ski Trip

Senior members join the 4-H Alberta Alumni group for a weekend of carving the slopes at the Panarama Mountain Resort.

Dates: March 6 - 8, 2020
Registration Deadline: February 1, 2020

4-H Canada Events & Opportunities

Discover Science

4-H Canada's #4HDiscoverScience initiative encourages 4-H'ers to explore STEM through hands-on activities with their 4-H club!

Application closes December 15, 2019

4-H Canada Science Fair

The 4-H Canada Science Fair is an opportunity for you to explore, experiment and discover! As part of our 4-H Canada Science Fair, 4-H youth plan, research, complete and submit science projects, independently or as pairs, to be judged virtually, in the hopes of moving to our in-person round and ultimately to the Canada-Wide Science Fair.

Registration closes: January 16, 2020

Club to Club Exchanges

Club to Club Exchanges are all about meeting new 4-H'ers from across the country! You and your 4-H club will be matched with a club elsewhere in Canada, and together you'll learn about each other, your communities, other provinces, and all of Canada.

Apply for 4-H Canada's Club to Club Exchanges and get to explore Canada next summer by visiting

Applications close January 13, 2020.

Find Your 4-H Wings

Find Your 4-H Wings is an exciting campaign that encourages 4-H'ers to get active outdoors and learn about their winged friends!

Registration opens December 4 and closes January 26, 2020

Hands to Larger Service

Next summer, 4-H Youth Service Leaders will be selected to travel, lead and promote the values of community engagement, volunteerism and service across Canada. Will you be one of them?

Application Deadline: December 29, 2019



4-H CAMP

WE LIKE IT HERE,
MAYBE YOU WILL TOO.



Registration Opens
DECEMBER 1, 2019

4-H ALBERTA camps provide 4-H'ers with the opportunity to spend time with old friends and develop new lifelong friendships, live and learn in a natural and safe setting, enjoy the outdoors, and participate in an endless list of activities.

JUNIOR
Camps

AGES 9-11

COMBINED
Camps

AGES 10-13

INTERMEDIATE
Camps

AGES 12-14

SENIOR
Camps

AGES 15-20



CANADA
4-H Alberta

What is 4-H Canada's Positive Youth Development Formula?

In 2014, 4-H Canada began to articulate its Positive Youth Development (PYD) vision. PYD is a globally-recognized and heavily-researched approach to working with children and youth that is strengths-based and focuses on building assets in youth.

Within this approach, there are 40 developmental assets that young people can build and develop, depending on a variety of internal and external factors. Out of all 40 assets, 4-H Canada has identified six that best fit with the programming and experiences offered across Canada. 4-H Canada's Positive Youth Development Formula focuses on measuring these six assets that lead to the development of responsible, caring and contributing youth:

1. Positive Values
2. Responsibility
3. Skill Mastery
4. Leadership Development
5. Planning and Decision-making
6. Sense of Purpose

In addition, 4-H Canada's programming has three core "Essential Elements" in place, that help to ensure that PYD outcomes can be achieved:

1. A safe, fun, inclusive environment
2. Youth members are supported by caring adults
3. Programming is based on experiential learning or the Learn to Do by Doing motto

The 4-H Section of the Government of Alberta, the 4-H Council of Alberta, and the 4-H Foundation of Alberta are working closely with 4-H Canada to create awareness of the PYD model and outcomes in Alberta. They are also building 4-H programs in Alberta that align with and support these outcomes.

4-H Canada's Positive Youth Development Formula



Member Development Opportunities

U.S. National 4-H Conference

The annual U.S. National 4-H Conference is the premiere civic engagement opportunity for 4-H members across the U.S. Conference delegates choose an important societal topic and in round table groups prepare a formal briefing. Briefings are presented to U.S. federal officials from around the Washington, D.C. area. In addition to the conference activities, 4-H Canada delegates have a chance to tour Washington, visit some of the nation's famous cultural and political sites, including the Lincoln Memorial and Capitol Hill, and visit the Canadian Embassy. *One 4-H member from each province forms the Canadian delegation. See application for age requirements. Click [here](#) to apply.

Date: March 28 - April 2, 2020

Location: Washington D.C.

Cost: \$400

Alberta Girls' Parliament 49th Session - 2020

Join Alberta Council Girl Guide members, out-of-province Rangers, Canadian Girls in Training (CGIT), as well as female members of Association of Junior Forest Wardens of Alberta (AJFWA), Scouts Canada and 4-H at the Alberta Girls' Parliament. Increase public speaking and debate skills; learn about the parliamentary process; meet interesting motivational speakers chosen by the elected delegates; have fun with participants from all over Alberta and beyond. Also you will be able to complete your Duke of Edinburgh Residential requirement; shop at West Edmonton Mall; tour the Alberta Legislature Building; find out about different political careers; make lasting friendships; receive the exclusive AGP pin and crest; and so much more.

This member opportunity is open to senior 4-H members. Click [here](#) to apply.

Date: March 18 - March 22, 2020

Location: Providence Renewal Centre, Edmonton Alberta

Registration Deadline: December 1, 2019

Cost: \$375

4-H Standardbred Project

The 4-H Standardbred Yearling Program coordinated by ASHA in a joint effort between Alberta Standardbred breeders and 4-H Alberta. Successful applicants to the standardbred 4-H Project will be matched with a Standardbred breeder. The breeder and the member will arrange for a weanling to be delivered to the farm or acreage where the weanling will remain until the ASHA Yearling Sale is held in the fall of 2020. During the project period (4 - 5months) the member will learn how to responsibly care for, feed, manage health requirements and the economics of raising a horse. With this project, the members will gain valuable knowledge and expertise relating to raising a Standardbred yearling. The Standardbred Project culminates at the 4-H member's Achievement Activity and then at the sale of the yearling at the ASHA Yearling Sale.

Who can Apply? Open to 4-H members who are 12 years of age or older and have completed Rider Level 3 Dismounted who have the permission of their parent(s) and a recommendation from their 4-H leader. Participants must be a member in good-standing of a 4-H club. Applications must demonstrate adequate stabling, feeding and grazing facilities. Applicants will be expected to have horse experience, knowledge and adult assistance. Application form and more information available [here](#).

Steer Carcass Competition

With the growing popularity of the carcass beef project, this year, members will once again have the opportunity to compete in a province-wide carcass competition. Members select and feed a beef animal to the finished weight, as they would a live market beef project, however the animal is judged live and on the rail providing members with an additional learning opportunity. Members' carcass project animals will be slaughtered at one of several designated facilities across the province and judged by the same judges for consistency. To learn more click [here](#).

Registration Deadline: December 1, 2019

4-H Canada Science Fair

Do you have a curiosity about the world around you? The 4-H Canada Science Fair is an opportunity for you to explore, experiment and discover! As part of our 4-H Canada Science Fair, 4-H youth plan, research, complete and submit science projects, independently or as pairs, to be judged virtually, in the hopes of moving to our in-person round and ultimately to the Canada-Wide Science Fair. The 4-H Canada Science Fair is open to 4-H'ers in grades 7 to 12.

Registration for the 4-H Canada Science Fair closes January 16, 2020. To learn more click [here](#).

Chaperone Opportunities

4-H Canada Citizenship Congress

Chaperone 4-H Alberta's seven (7) participants at the 4-H Canada Citizenship Congress. While at the program, participants will deepen their understanding of governance and public policy, nurture your communication skills, and expand their horizons as they discover some of what it means to be Canadian in the nation's capital. Workshops will culminate with the annual debate where 4-H members will construct insightful arguments, and practice skills of persuasion and public speaking.

Dates: May 5 - 10, 2020

Location: Ottawa ON

Application Deadline: December 1, 2019

Interested in applying? Please fill out the application form found on the 4-H website: <http://www.4h.ab.ca/About/documents/LeaderChaperoneApplicationForm.pdf>. You can list all opportunities you wish to be considered for. You will also need two references to submit the following form: <http://www.4h.ab.ca/About/documents/LeaderOpportunityReferenceForm.pdf>

Connect with @4halberta on Social Media



What's Happening In The South Region

The **2019 Farming Smarter Conference and 4-H Auction** will take place on December 11 - 12 at the Lethbridge Exhibition.

Once again, the South 4-H Region is proud to be included in the lineup of agricultural industry conference speakers, with several of our own 4-H members presenting their speech or presentation from the 2019 regional speaking competition each day of the conference, to demonstrate the wonderful speaking skills developed throughout the 4-H program. This year's conference features Key Note Speakers Alanna Koch speaking on Leadership and Advocacy in Agriculture and journalist and former Canadian politician Danielle Smith. We are very proud of our young 4-H speakers to be a part of the speaker lineup! More information about the conference can be obtained at <https://www.farmingsmarter.com/event/farming-smarter-conference-trade-show-2/>.

There also will be a **4-H silent auction** throughout the conference, with a live 4-H auction on **Wednesday, December 11** at approximately 5 pm with ALL funds raised going to the South 4-H Region for usage to help host various events for our region's members such as Judging and Consumer Decision Making, plus two scholarships annually for post-secondary 4-H grads. The 2018 auction receipts reached \$11,550 which was exceptional! This is the south region's MAIN fundraiser each year and your help and participation would be appreciated – **please seek out items for the auction** and perhaps **consider placing bids** on some of the fantastic items that will be available! Some great Christmas presents could be just waiting for your winning bid!

Items so far this year include a Duck's Unlimited framed print of a fox, various gift cards and certificates, yummy gift baskets, a Pyro curling broom and Olson broom bag signed by Team Kevin Koe (2019 Canadian Men's Curling Champions), jackets, steak knife sets and much, much more! Something for every budget.

Contact auction chairperson Clancy Holthe at clarenceholthe@yahoo.ca to gain a letter to provide to any possible donor, or remember that Proxy bidding can be arranged through Clancy as well if you are unable to attend in person.

Also please note that help is still wanted, to set up the auction items Tuesday evening, and during the auction wrap up on Thursday. Please connect directly with Clancy if you have some time.

Following the event, we will share a list so that you may see where the fantastic donations have come from – in this time of belt-tightening, it is very important for our 4-H community to support the companies and individuals that choose to support our 4-H program here in this region.

One of the winter favorites for South Region activities is **Snowfest**. Dates are set for **February 18 to 21**, at Whispering Pines in Elkhwater. Make a note on your new calendar, and stay tuned for camper registration and counselor application information coming soon!

Wishing you and your family, many smiles, much laughter and great experiences throughout a very Merry Christmas, and a Happy New Year.

PLAN AHEAD...

Click each link for more information

Farming Smarter Conference & Trade Show

Date: December 11 - 12, 2019

Location: Exhibition Park, Lethbridge

Snowfest

Date: February 18 - 21, 2020

Location: Whispering Pines Bible Camp, Elkhwater

Registration Deadline: February 1, 2020



Photo of some of our 4-H speakers at 2018 Farming Smarter Conference, along with Farming Smarter staff Jamie Puchinger, Clancy Holthe, auctioneers Joe Perlich and John Perlich.

Remember to check out the calendar at www.4h.ab.ca for up to date district, regional, provincial and national opportunities! Many districts offer workshops throughout the club year, check out these fantastic opportunities to have a well-rounded 4-H experience!

For more information about what's happening in the South Region contact:

Ginny Smith 4-H Specialist - 4-H Section
Agriculture Centre 100, 5401-1 Ave South
Lethbridge AB T1J 4V6

Phone: 403 381-5815 or

Fax: 403 382-4526

email: ginny.smith@gov.ab.ca



CANADA
4-H Alberta

Leader & Volunteer Screening

The December 15 deadline is near.
Oh, dear!

The deadline applies for new volunteers and leaders and also for returning leaders who are due to re-screen. We understand that you may need a bit more time if your club was registered and/or approved recently and, if that is the case for you, please contact Bernadette at 780-898-3037 or leaderscreening@4hab.com right away for an extension.

Leaders and volunteers who do not complete screening will be re-registered as volunteers. Volunteers may only work with members, cleaver kids or in any other positions of trust while accompanied by a screened leader at all times. It is important to understand that perception is key, particularly the perception of our members and cleaver kids. Volunteers, who may be perceived to be in a position of trust by our 4-H youth, are encouraged to screen and those designated as leaders must do so. 4-H Alberta leaders complete leader screening to help ensure that we are providing a safe environment for delivering learning opportunities and mentorship for 4-H members and cleaver kids.

If unavoidable delays occur, due to fingerprinting or for other reasons, please contact Bernadette at 4-H Council immediately. Remember that we do need to see your original police check. References' responses are also required by December 15 so remember to contact and remind them to complete the online form. It takes just a few minutes to fill in the reference form.

Don't delay. Do it today. Complete screening right away. Then, you can play!
Any way and all day!

"Stop rhyming", you say? Okay!

For assistance, call Bernadette at 1.877.682.2244 or 780.898.3037 or email leaderscreening@4hab.com.

What's New at the 4-H Alberta Store

How is it possible that it is already December?

If you are like me, you probably have not started your Christmas shopping yet; not to worry, we have you covered! We have stocked our store with a bunch of new items for this 4-H year and we are excited to share our new items with you.

We now have re-usable grocery bags for \$5.00 available in 4 colours, metal hang tags (some military types call them dog tags) for only \$4.00 that are perfect for putting on your bags to help identify them or clubs can engrave the other side too. We have also ordered new lunch bags that have the retro look of the brown paper bag but with durability and insulation for \$9.00.

As well, we have revamped our lanyards and added some pet leashes to our store (both are the same design and both are beautiful!); the cost of the lanyards is \$5.00 and the pet leash is \$12.00. A limited quantity of the 4-H Canada toques are also available - priced at only \$20.00.

To order any of these items plus many more contact Amy at 780-682-2648 or 1-877-682-2244 or email 4habstore@4hab.com.

Also, a reminder that the 4-H cookbooks are back in store. Check out the [cookbook order form](#) here and get yours in time for the holidays!



HAPPY HOLIDAYS

FROM

4-H COUNCIL OF ALBERTA

Scholarships

If scholarship recipients provided their complete scholarship recipient information by the requested deadline, the 4-H Foundation of Alberta will submit the scholarship funds by December 31, 2019.

The application for the 2019/ 2020 Growing Alberta Scholarship is now posted on the 4-H Alberta website and applicants are invited to complete and submit the application on or before the January 31, 2020 deadline.

Please feel free to contact Bianca von Nagy at scholarship@4hab.com if you do have any questions.

Elmer and Ona Hansen Memorial Fund Scholarship

It was a tough decision with so many deserving youth but we are thrilled and proud to announce the 2019 recipients of the Elmer and Ona Hansen Memorial Fund Scholarship:

- **1st Place: Jade Nelson**
- **2nd Place: Carter Reed**
- **3rd Place: Shelby DeSmet**
- **4th to 10th Place: Adele Beaudoin, Bethany Clark, Koryn Duncan, Brookelyn Felske, Samantha Hutchings, Bryanne Peltzer, Tiana Miller**

Congratulations!

The 2020 application for the Elmer and Ona Hansen Memorial Fund Scholarship will reopen on May 1, 2020 and more information will be communicated closer to the date.

Club Fundraisers

We would like to thank all the members who attended our recent Recycling & Fundraising webinars. We hope the information that was shared answered any questions you may have had regarding the Recycling Program.

There is a new national fundraising opportunity: Vesey's Seeds. Spaces are limited so sign your club up today! For more information go to 4-h-canada.ca/fundraising

Ongoing 4-H Alberta fundraising opportunities are:

- **Phil's Fudge and Jerky Fundraiser** – Phil's Fudge Factory is an Alberta based company. A tasty treat or great stocking stuffer and all the funds from the fundraiser stay in Alberta!
- **Meadowbrook Greenhouses** – beautiful flowers anybody? Great opportunity for your spring fundraising!
- **Tire and Electronics Recycling** – not only are you positively impacting our environment, but you have the opportunity to fund your Club for the entire year! (remember to register your Club each quarter)

If you have any questions or concerns regarding Recycling or Fundraising please contact Tricia Johnston at 877 682-2153 or e-mail admin@4hab.com.

Sponsors

We would like to express our sincerest appreciation to our partners and supporters for their continued investment and support.

Thank you! We could not provide first-class youth programs without your help!

Emerald Clover



www.albertarecycling.ca



A BERKSHIRE HATHAWAY ENERGY COMPANY



Calgary Flames/ Roughnecks Game Poll

Great news! Our partners at the Calgary Sports and Entertainment Corp. are proud and thrilled to offer us 4-H Nights at one Calgary Flames game and one Calgary Roughnecks game. For every ticket sold, the Flames/ Roughnecks will donate \$5.00 to benefit 4-H in Alberta.

Here are the dates and price points:

Flames 4-H Night

- Monday, February 17th @ 2PM – FAMILY DAY – Anaheim Ducks; \$40 per ticket
- Friday, March 6th @ 7 PM – Arizona Coyotes; \$40 per ticket
- Sunday, March 8th @ 5PM – Vegas Golden Knight; \$52 per ticket

Roughnecks 4-H Night

- Friday, March 13th @ 7:30 PM – Saskatchewan Rush (St. Patrick's Day game); \$30 per ticket
- Saturday, March 28th @ 7:30 PM – Vancouver Warriors; \$30 per ticket
- Friday, April 17th @ 7:30 PM – Saskatchewan Rush (last game of the season); \$30 per ticket

We are also currently working on pop and popcorn vouchers for the Roughnecks game.

Please follow this link: <https://doodle.com/poll/73wsrg57dd4hpbyj> and vote for the Calgary Flames game as well the Calgary Roughnecks game that works best for yours and your family's schedule; the most popular dates will be offered as our 2020 Calgary Flames/ Calgary Roughnecks 4-H Nights.

We will see you then!



2019/ 2020 Club Fundraising Opportunities

Dear 4-H Club Leaders and Members,

Welcome back to 4-H Alberta, we wish you a successful and exciting 2019/ 2020 Club Year!

With the start of a new club year and 4-H Alberta Clubs considering new ways to raise funds to enhance their club activities and events throughout the project year, we are proud to provide our clubs with the 4-H Alberta fundraisers listed below.

Phil's Fudge and Jerkey Fundraiser

- A tasty treat, great stocking stuffer, and always a party favourite!
- The carrying boxes show the 4-H logo and hold 10 slabs of fudge.
- Club profit is approximately \$5.00 - \$6.00 per sold slab.
- Phil's now also offers jerkey in the same branded carrying boxes!! Please contact our office for more information.



Meadowbrook Greenhouses

- Who **DOESN'T** like flowers?!?
- Perfect fundraising opportunity for the spring of 2020!
- One (1) basket costs \$18 to order and can be sold for \$26 - \$36.



Recycling

- 4-H Alberta is very committed to supporting environmental efforts locally and has earmarked recycling as an important component of its program.
- Traditionally, a very successful fall fundraiser for our Clubs!



For more information, please check our website: https://www.4h.ab.ca/News_Events/fundraisers.html or contact the 4-H Foundation of Alberta at 780.682.2153, Ext. #4

4-H ALBERTA FOUNDATION GAME NIGHT SELECTION



Doodle





Connected to our communities.

Viterra has been a proud partner of the Alberta 4-H Foundation for many years. Since the 1920's, we have supported innovative initiatives that inspire youth to be leaders in their communities.

In the late 1920's and early 1930's, the Alberta Wheat Pool partnered with the federal and provincial governments to launch Junior Wheat Clubs, which became a valuable tool in understanding successful grain farming. Here are a few other highlights of our partnership over the last several decades:

- In 1931, the Alberta Wheat Pool sponsored the development of 29 Junior Crop Improvement Associations.
- In 1932, United Grain Growers began sponsoring Junior Club work.
- In 1942, Alberta Wheat Pool bursaries were awarded to members for the first time.
- In 1959, Alberta Wheat Pool, United Grain Growers, and others, pooled resources for joint sponsorship of the revised 4-H Field Crops Program.
- In 1986, the United Grain Growers scholarship was established.
- Since 2015, Viterra has been the presenting sponsor of the Alberta multi-species judging competition.

Viterra continues to support 4-H Alberta today. We are committed to our partnership, which allows Viterra to continue building relationships with tomorrow's leaders of Canada's ag industry.