

Summer Camps and Programs Registration is Now Open!

Join us for a summer to remember by registering for one of our many camping programs throughout the province. Whether you it be an adventure at our gorgeous Alberta 4-H Centre or a regional getaway your camping memories are only a registration away!

Early bird pricing is available for many camping programs until April 15. Registration closes May 1.

How to Register for Your Summer Adventure...

1. Visit www.4h.ab.ca.
2. Click on the Register Now button.
3. Sign in using your 4-H Username and Password.
 - If your Password has slipped your mind, reset it by clicking on the Forgot Your Password button. If you have forgotten your Username, contact 4-H Alberta's Registrar with the 4-H Section, by emailing 4hregistrar@gov.ab.ca or by calling 780.422.4444.
4. Click on the Program Registration tab.
 - Before you are able to register to any of the programs listed, you need to complete the following forms: Program Agreement, Medication Permission, Personal Health Record. Once you have these forms completed, they will reside under your Program Registration tab and you can update them at any time during this club year. These forms only have to be completed once a year but we encourage you to ensure they are up to date.
5. Click on the event you want to register for
6. Click on the Register Now button.
7. Proceed step by step through the registration process (take a moment to confirm your contact information is correct on the right hand side, if it is not, please correct it)
8. Once you reach the registration summary page, register for additional events or proceed to payment.
9. Check that you have taken the appropriate measures to ensure payment has been made.
10. Check your inbox for an email confirming that your registration has been received and is awaiting approval. You will show as "pending" until after the registration deadline. Once payment is confirmed your registration will be approved.

4-H Alberta Events & Opportunities

Selections 2020

This short program offers a dynamic and fast-paced atmosphere, with plenty of time for making friends and having a great time – dancing included!

Date: May 1 - 4, 2020
Registration Deadline: March 1, 2020
Early Bird Registration Deadline: February 15, 2020

4-H Alberta Pheasant Project

It is time for a brand new year of our partnership with the Alberta Conservation Association, with the 4-H Pheasant project!

Registration Deadline: February 7, 2020

Science Discovery Day

4-H Science Discovery Day will provide Intermediate members the opportunity to discover science by participating in fun, hands on projects or experiments provided by the Telus World of Science. There will be time for the members to explore the galleries and take in an IMAX Presentation. Members will be introduced to the 4-H Canada Science Fair.

Date: March 28, 2020
Location: Telus World of Science, Edmonton
Registration Deadline: March 13, 2020

Other Events & Opportunities

Senior 4-H Member Ski Trip

Senior members join the 4-H Alberta Alumni group for a weekend of carving the slopes at the Fernie Alpine Resort.

Dates: March 6 - 8, 2020
Registration Deadline: February 1, 2020

Western Canadian Judging Competition

Lakeland College in Vermilion, Alberta, would like to extend an invitation to you and your team to attend our 31st annual competition. The competition will again include both intercollegiate teams and 4-H teams.

Date: March 13, 2020
Registration Deadline: February 28, 2020

4-H Canada Events & Opportunities

Careers on the Grow - Virtual Career Fair

The 4-H Canada Virtual Career Fair uses online discussion forums to allow you to meet directly with organizations to learn more about them and their available positions. The platform also gives you access to job postings and the ability to upload your resume for employers to view.

Date: February 20, 2020
Deadline: February 1, 2020

Proud to Bee a 4-H'er

Did you know, pollinator bees have a vital role to play in creating a healthy ecosystem and a sustainable food supply? With this fun and exciting initiative, 4-H'ers across Canada will learn all about the amazing and fascinating work of Canada's pollinators while getting outside to enjoy nature.

Deadline: February 29, 2020

Steeped in Soil

Through Steeped in Soil, your 4-H club will learn the nitty-gritty about soil, participate in a global science experiment, and choose from a variety of hands-on activities to understand the importance of soil health!

Deadline: February 29, 2020

Member Development Opportunities

Selections 2020

Attention Senior Members...get your diaries ready! Join other 4-H senior members from across Alberta and experience a journey of a lifetime. A journey full of tear-creating laughter, life-altering experiences and friendships that will truly last a lifetime. Oh, and your journey may just take you to a national or international trip or conference. Oh, and what if we said your epic journey might even include being named a 4-H Alberta Ambassador or the Premier's Award Recipient? All truly awesome!

The theme of this year's program is...THE FUTURE! Working in your small group, you will focus on topic such as moving out, budgeting, managing change, careers and skills needed for the future. This short program offers all of this in a dynamic and fast-paced atmosphere, with plenty of time for making friends and having a great time – dancing included! Your 4-H Diaries should be received by your 4-H Specialist no later than February 15, 2020.

Registration deadline: March 1, 2020

Register here: <https://www.4habregistration.ca/~login.php>

Pheasants are BACK!

It is that time of year again. If you are interested in signing up for the 4-H Pheasant Project, please do so by completing and submitting the new Agreement Form to ginny.smith@gov.ab.ca by February 11th. This is also the date that 2020 chicks must be ordered, by the club project leader, on the Tally Form. There are some changes to this project this year, so please make certain to read the Agreement Form, the Tally Form and the Question and Answer page, available on the 4-H website. For more information, please contact Ginny Smith.



4-H Standardbred Project

The 4-H Standardbred Yearling Program coordinated by ASHA in a joint effort between Alberta Standardbred breeders and 4-H Alberta. Successful applicants to the Standardbred 4-H Project will be matched with a Standardbred breeder. The breeder and the member will arrange for a weanling to be delivered to the farm or acreage where the weanling will remain until the ASHA Yearling Sale is held in the fall of 2020. During the project period (4 - 5 months) the member will learn how to responsibly care for, feed, manage health requirements and the economics of raising a horse. With this project, the members will gain valuable knowledge and expertise relating to raising a Standardbred yearling. The Standardbred Project culminates at the 4-H member's Achievement Activity and then at the sale of the yearling at the ASHA Yearling Sale.

Who Can Apply?

Open to 4-H members who are 12 years of age or older and have completed Rider Level 3 Dismounted who have the permission of their parent(s) and a recommendation from their 4-H leader. Participants must be a member in good-standing of a 4-H club. Applications must demonstrate adequate stabling, feeding and grazing facilities. Applicants will be expected to have horse experience, knowledge and adult assistance. Application and more information: [Click here](#)

Application Deadline: February 1

Volunteer Chaperone Opportunity

Do you like the outdoors, camping and the midnight sun? If so, here's a great CHAPERONE OPPORTUNITY.

We are looking for three amazing individuals to join the road trip of a lifetime with 20(ish) senior 4-H members through northern Alberta and the Northwest Territories. You will travel in July/August, by bus and stop at various landmarks and agriculture centres, all while camping each night amidst the beautiful northern scenery. Though you will depart as strangers, you will return as a family.

For more information visit: <https://www.4h.ab.ca/About/LeaderPrograms.htm>

Application Deadline: June 1

Connect with @4halberta on Social Media



What's Happening In The South Region

February means we LOVE many things – Communications, registering for upcoming exciting programs and opportunities in the South Region and provincially, valentines, the weather..... (ok, maybe that one is a stretch some days) but please read on for some important information!

For South 4-H Region members who are registering for Selections 2020:

Remember to register on line, with your own personal username and password, soon! Registration needs to be completed by you, and then you must submit your diaries to me for marking. If you have had your diaries marked, either for past Selections attendance or to apply for Platinum Award of Excellence, I only need to receive the latest diaries, since the last marking.

I will endeavor to have diaries that are received by February 15, marked and on their way back to members by March 1, but this is somewhat dependent upon the number of diaries that need to be marked. Members will know their scores by the end of the first week of March, regardless of the number received.

If diaries are received after February 15 (as late registration goes to March 1), then they will receive their score by March 14. Please keep in mind that members are eligible for one re-mark in their 4-H career. Diary points for Selections 2020 are to be finalized no later than March 23, 2020, so any marking or remarking for this year needs to be completed by that date. If no diaries are received, there will be a "0" recorded as the diary score.

Selections is a great program and I look forward to seeing you there!

Attention 4-H Sheep leaders, members and parents:

Please read on for some important information, from a sheepishly energetic Arlene Good:

4-H members in the Southern 4-H Region have a tremendous **opportunity to get their sheep transported to the 4-H Alberta Sheep Show** July 7-10 in Olds! The Show committee has arranged with livestock hauler Paul Preston to transport your stock to and from Olds. The cost will be split between all of the members who use the service. This way all the member and the parent have to manage is getting themselves to the show, as their sheep will be travelling in style. Pick up and drop off points will be decided when we get the information of where the livestock are coming from. To book your spot on the trailer or need some more information please email: casabueno4H@gmail.com. Deadline to apply is May 25.

Also, for those members who want to participate in the opportunity of a lifetime – the 4-H Alberta Sheep Show/Summer Synergy from July 7 to 10 in Olds - but parents are unable to attend, we do have a screened chaperone available who is very excited to accompany you on this journey! To ensure comforts of home while at the show the parents, members, and chaperone will build a plan for accommodation, meals, and covering costs. For more information please contact either Arlene Good at casabueno4H@gmail.com or Ginny Smith Ginny.Smith@gov.ab.ca. The deadline is May 25.

South 4-H Region SHEEP and BEEF club leaders and parents:

Mark your calendar for an upcoming combination sheep and beef meeting, on Tuesday, **February 4 in Taber** at the **Gateway Livestock Exchange** (5604-64 Street). Every club with these projects, is encouraged to have representation at this meeting.

This meeting's agenda will include discussions about the South 4-H Region BEEP Show (beef and sheep females), and the ever-popular Eweniversity and the beef learning day, both slated for Saturday, May 16th at the Taber Agriplex, plus more great topics! You are most welcome to attend, and this is a great opportunity to bring forward your own ideas and those of your 4-H members, offer a helping hand, and get involved! Ideally, it would be great to have all clubs represented to ensure everyone is on the same page, as the South currently has the largest numbers of 4-H sheep and beef projects in the province.

Please RSVP your attendance, or indicate who will represent your club, to Arlene Good at email jaygood@telus.net – there might be snacks involved too! Also as Mother Nature has been so interesting lately: IF THERE ARE ANY QUESTIONS AS TO THE WEATHER ON THE MEETING DATE, PLEASE CALL OR TEXT BEFORE YOU SET OUT: Arlene Good @ 403-793-0875

PLAN AHEAD...

Click each link for more information

Snowfest

Date: February 18 - 21, 2020

Location: Whispering Pines Bible Camp, Elkwater

Registration Deadline: February 1, 2020

And please add to your calendar for your members to attend, the **South 4-H Region BEEP Show** (beef and sheep females), and the ever-popular **Eweniversity** and the beef learning day, both slated for Saturday, May 16 at the Taber Agriplex. Registration will be open soon!

The next **South 4-H Region Council meeting** will take place on Saturday, March 7 at the Lethbridge Research Station starting at 10 am.

Communications is in full gear for 2020, or is coming up fast – EVERYONE please make certain to connect with your District's communications committee for more information, but note the following for the **South 4-H Region Communications competition**:

Date: Saturday, March 14, 2020

Location: Lethbridge college (please note 2020 location) in the IB (Industrial Building).

Competition will start at 12 noon sharp and registration desks for all competitors and officials, will be open starting at 11 am. Each district has a representative who is very knowledgeable, and can fill members in on all of the details. A reminder that each competing member is to please bring for sharing a choice of labeled: small sandwiches, snacks (includes, for example, trays of veggies, cheese, fruit etc.) or desserts (the yummy stuff – all shapes and sizes).

Questions about the competition may be addressed to the 2020 South 4-H Region Communications core committee: Lorelei Bexte (lorelei.bexte@gmail.com), Wendy-Ellen Nittel (wendyellennittel@gmail.com), Shari Wehlage (cswehlage@mrcable.ca), Karla Porteous (karla@plprocks.com).

Enjoy your February!

Remember to check out the calendar at www.4h.ab.ca for up to date district, regional, provincial and national opportunities! Many districts offer workshops throughout the club year, check out these fantastic opportunities to have a well-rounded 4-H experience!

For more information about what's happening in the South Region contact:

Ginny Smith 4-H Specialist - 4-H Section
Agriculture Centre 100, 5401-1 Ave South

Lethbridge AB T1J 4V6

Phone: 403 381-5815 or

Fax: 403 382-4526

email: ginny.smith@gov.ab.ca

Leader & Volunteer Screening

Screening is required for all adults working in any positions of trust within 4-H Alberta. *Did you complete volunteer / leader screening? If so, thank you!*
Are you a volunteer who needs to complete screening for your role with 4-H Alberta?
Are you a leader due to rescreen as you last completed screening in 2014-2015?
Do you want to help out your club and complete screening for safety's sake?

We are still working to finalize leader and volunteer screening approvals so if you have not yet received your final, congratulatory email, do not despair! Rather, if you are wondering and worrying about your screening progress and approval, log in to your 4-H Alberta profile and check your progress. *One caveat affecting this is that, if you started screening last year and did not complete the process, you will not be able to see an accurate view of your screening progress as the data is scattered over more than one year. If this is the case, final approval of your screening will also be delayed as it requires assistance from the website developers to amalgamate the data and enable approval.*

Leaders and volunteers can [download the tip sheet](#) that shows how to view your screening progress and navigate the online registration system. If you note that your references did not all respond, the tip sheet shows you how to send out the reference link. If you have completed the screening components and mailed in a current, original police check, your final approval email will be sent just as soon as it has all been reviewed.

Please contact us if you did not get the email to screen. The emails are automatically generated as soon as you are registered (if a returning leader) or as soon as the club is approved (if you are new or not previously screened). Check your junk mail. If you cannot find it, contact Bernadette at leaderscreening@4hab.com to have it resent and to confirm that the email address we have for you is correct. The online registration system allows us to confirm if and when the email was sent and even whether it has been opened and clicked on. Isn't that cool?

A few things to remember:

- You must mail in your original police check. Please do not mail a copy but take that stamp and put it on a self-addressed stamped envelope and send that along with your original police check. Although we recommend that you first send an image via email (or even via text), that is not sufficient and will delay screening approval. Mail original police checks to 4-H Council of Alberta, RR 1 Site 7 Box 1, WESTEROSE, AB T0C 2V0. Enclose a self-addressed, stamped envelope if you want the original returned.
- If your club was approved later and you just received your screening email, you have a bit more time to get it all done but please don't delay. Find that email, click on the links and complete the online application. Remember to download the police check letter while you are within the online application form. Forgot to download it? Email Bernadette at leaderscreening@4hab.com for a copy of it. The letter is not available as a general download as it cannot be used for any purposes other than volunteering 4-H Alberta. Any use for other purposes, such as employment, jeopardizes our membership with Volunteer Alberta, the organization that subsidizes the free or reduced fee acquisition of the police check for our volunteers.
- If your police check was delayed due to fingerprinting or other reasons, do remember to follow up with the police detachment and email leaderscreening@4hab.com to have the extension noted to your file.
- Thank you for being diligent and for working together with all of us in 4-H Alberta to provide superior, safe programming and meaningful mentorship to our 4-H youth!
- Screening is one way in which we all work together to keep our 4-H youth safe and learning to do by doing! Email leaderscreening@4hab.com for more information.

Clever Kids Activity

If you have Clever Kids in your club that are still really shy and reserved, or maybe you have some kids that are really outgoing, it can be hard to find activities that can address the needs of all your Clever Kids. One of the four focus areas that the Clever Kids covers is developing listening skills and the abilities to express themselves.

An activity that help bring kids out of their shell and encourage them to listen carefully is the Clever Kid version of Charades. This is a really great game to play to get Clever Kids out of their shell and to take part in activities with the club

Directions:

- Split the Clever Kids into 2 or more even groups.
- The first group has one child go up and pick a piece of paper out of a container that has an action on it, ex: swimming. Then that Clever Kid has to act out what is on their piece of paper without talking while the rest of their group gets one minute to try and guess what action they are acting out.
- The other group(s) should be listening to what the other team(s) are guessing so they can use their three guesses to figure out what action the person is acting out, if the first team doesn't guess correctly. The Clever Kids in the other groups can huddle together to come up with their three guesses. Then they ask the Clever Kid on stage if they are acting out any of the guesses they had, go through every group until someone guesses correctly. If the other groups did not guess correctly then none of the teams get a point.
- Continue to rotate between the teams with the each Clever Kid taking turns to act out.
- If one of the teams gets it correct the person acting out will yell "Clever!!" to let everyone know they got it right.

This is also a great game to play with the rest of your club around public speaking time, it allows the members to get comfortable getting up on stage or in front of a large group without having to talk.

General Leader & Club Registrar Tips

General leaders and club registrars can download the [General Leader's and Club Registrar's tip sheet](#) that shows how to view your club's leaders' and volunteers' screening progress. General leaders and club registrars can only see whether or not screening has been completed and cannot see the details of individuals' screening. If further details are required so that volunteers can be advised, contact Bernadette as noted below. Also helpful is the [Club & Provincial Programs Payment Information sheet](#) which shows you how to check your club's financial status and access your receipts. If fees are owing or if you wish to clarify any unpaid balances due to members paying in other clubs, please email the Club & Programs Payment Administrator, Bernadette, at sereda@4hab.com or call 780-898-3037. Transfers due to members in multiple clubs and refunds will also be shown here as soon as this information is received, recorded and reconciled.

4-H Alberta Store

For the month of February only, our Sports bags will be \$24.00! This is 20% off our regular price. These sports bags make perfect gifts for public speaking or for any members going to winter camp or the Senior Ski trip.



Scholarships

Please note that selections for the 2019 4-H Alberta Scholarships have been completed and recipients have been notified of their scholarship. The 2020 4-H Alberta Scholarship online application is currently under review and will reopen on March 1, 2020. We will explore another webinar once the online application has been launched.

Please feel free to contact Bianca von Nagy at scholarship@4hab.com if you do have any questions or visit <https://www.alberta4hcentre.com/index.php/scholarships-3/>.

2019/2020 Growing Alberta Scholarship

Please note that the application deadline for the Growing Alberta Scholarship was January 31, 2020. The applications are now closed. We expect the eligible post-secondary institutions to forward the scholarship applications in early or mid-February. Scholarship recipients will be contacted in March 2020.

Club Fundraisers

What a better way to start off a new decade than cleaning up our environment! We can all do our part, and one way is to participate in Tire and Electronics Recycling. Your Club is not only cleaning up the environment, but they are being paid to do it! Last fall the Alberta 4-H Foundation and ARMA teamed up to host a Recycling Webinar. This webinar covered all the program details and is now available to any Club that wishes to view it. Please remember you must register your Club every quarter. Register your Club today!

If you have any questions or would like the link for the Webinar you can contact Tricia Johnston at admin@4hab.com or call 1 877 982-2153.

Alberta 4-H has other approved Fundraisers available to Clubs.

- **Phil's Fudge and Jerky Fundraiser** – 100% Alberta based company! \$5.00 profit to Clubs for every unit sold!
- **Meadowbrook Greenhouses** – Spring is on its way! Great gift for Mother's Day!
- **Battery Recycling**
- **Alberta Highway Clean Up**

Information for all these fundraisers can be found on the Alberta 4-H Centre website or contact Tricia Johnston at admin@4hab.com.

Exciting News!

The 4-H Foundation of Alberta is thrilled and proud to announce a new and exciting partnership with [Carbon Credit Solutions Inc.](#) (CCSI).

CCSI is an Alberta-based company and world leader in the field of measuring, reporting, and verifying greenhouse gas emissions. CCSI's mission is to enable planet positive solutions by leveraging finance, technology, process and software solutions.

CCSI's Farmers and Landowners now have the option **to donate the monies from their carbon credits to the 4-H Foundation of Alberta and support 4-H in Alberta's youth and youth programming!**

If you're a Farmer using no-till farming practices, you could qualify. We are very excited to be working with CCSI and would like to encourage interested Farmers to [contact them](#) as soon as possible.

We hope Farmers and Landowners in CCSI's program recognize CCSI's commitment to 4-H in Alberta and support the Foundation's efforts to provide funding for youth programming by donating their money from their carbon credits.

Any questions? Feel free to contact the [expert team](#) at CCSI who would be happy to help or check out the information on their website: [Carbon Credit Solutions Inc. and 4-H in Alberta!](#)

Thank you, Carbon Credit Solutions Inc., for this great opportunity!

Sponsors

We would like to express our sincerest appreciation to our partners and supporters for their continued investment and support.

Thank you! We could not provide first-class youth programs without your help!

[Emerald Clover](#)



Calgary Flames/ Roughnecks Games

The polls are in and 4-H has voted!! Due to the overwhelming feedback, our partners at the Calgary Flames and Calgary Roughnecks decided to offer two 4-H nights each.

Below are the confirmed dates and Flames/ Roughnecks games. To purchase tickets, simply click on the respective ticket links below and selected one (or multiple) games:

Flames 4-H Night

- Monday, February 17th, 2020 AND/ OR Friday, March 6th, 2020
- Complimentary Popcorn will be provided. Please note that number of popcorns cannot exceed number of tickets purchased. Pick-up pre-game at sales desk.
- Two (2) members will be selected to ride the Zamboni each game during the 1st intermission
- www.flamesgroups.com/4h

Roughnecks 4-H Night:

- Friday, March 13th, 2020 AND/ OR Saturday, March 28th, 2020
- Complimentary Popcorn will be provided. Please note that number of popcorns cannot exceed number of tickets purchased. Pick-up pre-game at sales desk.
- Top two (2) Group Leaders or member organizations will get to partake on the benchwarmers experience (Benchwarmers provide a chance to watch the Roughnecks warm up pre-game on the players' bench!)
- www.roughnecksgroups.com/4h

We will see you then!



6TH ANNUAL CALGARY FLAMES 4-H NIGHT



VS



MON | FEB. 17 | 2 PM

VS



FRI | MAR. 6 | 7 PM

**\$5 FROM EACH TICKET
PURCHASED WILL GO TO
4-H ALBERTA FOUNDATION**

\$40 / TICKET
PLUS FEES
AND TAXES
PRESS
LEVEL

\$72 / TICKET
PLUS FEES
AND TAXES
GREEN

\$124 / TICKET
PLUS FEES
AND TAXES
BLUE

COMPLIMENTARY POPCORN WILL BE PROVIDED FOR KIDS.

TWO MEMBERS WILL BE SELECTED TO RIDE THE ZAMBONI EACH GAME DURING THE 1ST INTERMISSION

CLICK HERE OR GO TO WWW.FLAMESGROUPS.COM/4H TO PURCHASE



FOR MORE INFORMATION CONTACT:

BLAKE BLONDEEL 403-571-9564
bblondeel@calgaryflames.com

#COMEFORTHEPARTY



4-H ALBERTA FUNDRAISER

Special Ticket Offers:

\$28 /TICKET
PLUS FEES
AND TAXES
2ND BOWL
ROWS 5+

\$34 /TICKET
PLUS FEES
AND TAXES
LOWER
BOWL

Complimentary Popcorn will be provided for kids.

\$5 from each ticket purchased will go to 4-H Alberta Foundation.

Top two 4-H Leader Groups will get to partake in the benchwarmers experience (Sit on the players bench and watch the Roughnecks warm-up!)

VISIT ROUGHNECKSGROUPS.COM/4H
OR

CLICK HERE TO PURCHASE

ROUGHNECKS VS



SASKATCHEWAN RUSH
FRI | MAR 13 | 7:30 PM

ROUGHNECKS VS



VANCOUVER WARRIORS
SAT | MAR 28 | 7:30 PM



For additional information please contact:

Blake Blondeel | bblondeel@calgaryflames.com | 403-571-9564





Chinook
FINANCIAL



Act Local



Apply For \$500 For Your 4-H Alberta Club

Like 4-H we believe it's vital to support agricultural skill growth in our youth.

Your 4-H club could be eligible for \$500 toward:

1. Opportunities for learning and building career skills
2. Tools, supplies and support needed to help your club with volunteer activities



CANADA
4-H Alberta

Learn more and apply at ChinookFinancial.com/4H

This grant program is run in partnership with 4-H Foundation of Alberta.

Applications Close June 30, 2020.
ChinookFinancial.com/4H

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MAKING MONEY MAKE A DIFFERENCE