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WE ARE OPEN to serve our youth and parents across Alberta

4-H Alberta has a new look with significant changes to provide a new streamlined youth development organization. Our team has a mix of extensive 4-H experience and youthful energy. We are ready to serve our youth and parents in the 4-H community right here in Alberta and deliver the best 4-H programs found anywhere in the world. Our team strives to provide Alberta's 4-H members access to the best programs provided by the best volunteers.



Delivering youth programs with the threat of Covid-19 creates unprecedented challenges. We are continually reviewing Alberta Health Services' guidelines and recommendations to guide our decisions now and in the upcoming club year. Our main goal this 4-H club year is to deliver our programs in the safest manner possible. As of September 2020, clubs can meet in-person as long as they follow AHS guidelines and protocols. Guidelines and protocols can change quickly, we ask that you refer to AHS for the latest information to guide your decisions on meeting in-person for all 4-H activities and events. Please find below the links to AHS information related to Covid-19.

4-H Alberta FAQs - COVID-19: <https://www.4hab.com/faqs/>

COVID-19 info for Albertans: <https://www.alberta.ca/coronavirus-info-for-albertans>

Gatherings: <https://www.alberta.ca/restrictions-on-gatherings>

Alberta's COVID-19 response: <https://www.alberta.ca/covid-19-information>

GET READY – It's here! NEW CLUB YEAR! October 1, 2020 – September 30, 2021

We encourage 4-H clubs to gear up for the upcoming 4-H club year! Use this time to connect with current 4-H members, potential 4-H members and their families, volunteers, and current or future leader teams. Keep in mind that there may be an adjustment required in the traditional delivery of the 4-H program, so please use this as an opportunity to think outside the box, gather member feedback, and explore everything 4-H has to offer through, 'learning to do by doing'.

We encourage you to:

- Develop a 4-H club/committee/council program plan with 4-H members through virtual meetings and feedback.
- Set your yearly calendar - they assist in positive communication and planning. Plan dates for designated/required 4-H activities/events.
- Develop a club/committee/council budget.
- Take the opportunity to ensure returning and potential new leaders complete the required leader screening, 4-H Leader Level 1 training, and the online abuse prevention and duty to report training (Commit to Kids).

We celebrate and thank all our 4-H leaders, 4-H members, Cleaver Kids, parents, and volunteers, for your incredible contributions, and dedication to positively and professionally represent the 4-H brand in your communities.

New Website Launch

4-H Alberta is pleased to announce that our new website is live at www.4hab.com!

We want to take this opportunity to thank our 4-Alberta Website Task Team:

Team Chair – Amanda H

Developer – Aaron C

Team Members – Jody W, Corinne W, Amanda S, Jody E, and Shane G



Creating the new 4-H Alberta website has requiring hundreds of hours invested by the collective team. The changeover to a website developed and hosted by the new 4-H Alberta requires significant updates to all links and documents that were previously hosted on the Government of Alberta website.

4-H in Alberta has always taken a leadership role in providing information to its leaders, members, parents, and volunteers, and will continue to do so in the future. A large volume of files on the website require changes and we are working on updating them as quickly as possible. All resource files that are relied on to deliver 4-H programming across the province will continue to be updated on an ongoing basis. However, our goal is to update those related to registration and club start-up first.

We ask for your patience as we work through the process. If you cannot locate a document or form you require on our website, please contact us at info@4hab.com or call 780-682-2153, and we will be happy to assist you!

Member Registration

There are so many exciting plans for the upcoming club year and outstanding programs that will be available for our members and leaders. It is the perfect time to be a part of 4-H Alberta. Fees are \$120 for 9-20 year old Members and \$30 for 6-8 year old Cleaver Kids. Leader and Volunteer registration is FREE!

With your registration fee, Members will receive:

	Cleaver Kids (Ages 6-8)	Juniors (Ages 9-11)	Intermediate (Ages 12-14)	Seniors (Ages 15-20)
Hands-on Learning and Experiential Education	✓	✓	✓	✓
Positive Youth Development	✓	✓	✓	✓
Caring Youth-Adult Partnerships	✓	✓	✓	✓
A Fun, Inclusive, Safe Space for all	✓	✓	✓	✓
Leadership Skills	✓	✓	✓	✓
Communication Skills	✓	✓	✓	✓
Community Connection	✓	✓	✓	✓
Lifelong Friendships	✓	✓	✓	✓
Self-Determined Projects		✓	✓	✓
Local and Provincial Programs		✓	✓	✓
Summer and Winter Camps		✓	✓	✓
Travel Opportunities			✓	✓
Scholarship opportunities				✓

Useful Links

Click image below to go directly to your 4-H Alberta sites:



4-H Alberta Projects - www.4hab.com/projects

Scholarships

Learn more about scholarship opportunities [here](#). For any scholarship inquiries, please email scholarship@4hab.com

Member Requirements

Being a 4-H Member and completing a 4-H year means:

- Participating in a communications activity
- Participating in the club's community service Let activity
- Completing a project record book
- Participating in the club's achievement activity
- Attending 70% of club activities.

For the 2020-2021 club year, Member requirements will remain in place. However, clubs must keep in mind the current restrictions and barriers Members face due to the Covid-19 virus and AHS safety regulations.

This year, completing requirements may look a little different. Leaders are encouraged to work with their Members to plan new ways to meet requirements while keeping everyone safe.

To support our Members, Leaders and clubs, the 4-H Alberta Staff team is here to help! If you have questions or need ideas on how to complete Member requirements, feel free to reach out to your Area Coordinator for support.

Each Area Coordinator's contact information is listed below and can also be found, along with all other staff at: www.4hab.com/contact/

Brenda Murdock – East/West Central Regions
brenda.murdock@4hab.com; 403-651-6142

Connie-Lyne Harder – Calgary and South Regions
connie-lyne.harder@4hab.com; 403-901-8052

Crystal Dechaine – Northeast Region
crystal.dechaine@4hab.com; 780-573-6699

Pam Gitzel – Northwest Region
pam.gitzel@4hab.com; 780-975-5160

Marisa Mellon – Peace Region
marisa.mellon@4hab.com; 780-897-5255

Become a Counsellor This November!

Senior Members should save the dates for the NEW Counsellor-In-Training (CIT) course. CIT will offer five online group sessions and discussions in the evenings, as well as one fun-filled day of in-person activities, training, and team bonding!

Online sessions will be held on **November 2nd, 4th, 5th, 9th, and 12th** from 7:00 pm – 9:00 pm. The in-person session will take place on **November 21st** from 8:30 am – 5:00 pm at the Camrose Regional Exhibition, alongside the Uncover the Leader in You day.

All Members who attend CIT gain invaluable training in youth programming, leadership, and teamwork! The CIT course is a great experience to add to any resume, and will give you the tools to be a great 4-H Alberta program counsellor for your fellow Members. CIT is a prerequisite to hold a youth leadership role at any overnight program for 4-H Members.

Registration Fee: \$25

*Fee includes all program resources, lunch and refreshments on November 21st, and a swag bag!

Registration opens October 1st, so register today at: www.4habregistration.ca

Please direct any questions you have about the New CIT program to Programs Coordinator Madeleine Cline: madeleine.cline@4hab.com, 403-370-7337.

Senior Members Conference

Due to COVID-19, Alberta Health Services has advised that overnight camps for those under 18 years of age should not occur. 4-H Alberta has decided to postpone Senior Members Conference until we are able to host overnight camps again. Please stay tuned as the year progresses and lookout for a new date.

We are looking forward to having our Senior Members come to the Alberta 4-H Centre to reconnect and have some fun in the near future!

Message from Cleaver the Beaver

Hi, Cleaver the Beaver here. I have made a tough decision to self-isolate. I will be nesting in my beaver lodge at Alberta 4-H Centre for awhile. I will have enough food and fun 4-H Activities to keep me busy in isolation! I am doing my part to stop the spread of COVID-19.

To any 4-H Clubs, Committees or Councils who have already booked me for a 4-H event, unfortunately I will not be able to make it. My booking agent is not taking any further bookings at this time.

I will use this time to take a long-overdue bath and enjoy the sites at the Alberta 4-H Centre. I will connect with you virtually from time to time to make sure you are having a great 4-H year!



Remember to use your HEAD for clearer thinking, your HEART for greater loyalty, your HANDS for larger service and your HEALTH for better living. You get out of 4-H as much as you put in. Get involved in your community, learn about your project, keep good records, and increase your communication skills (you will be thankful for these skills one day, I promise), set goals and work toward achieving them! Be sure to participate in club, district, regions, and provincial events as these are all great opportunities to have fun in 4-H!

I can't wait to get out and be with you at a 4-H event in the near future. In the meantime, I wish you a great 2020-2021 4-H Club year and look forward to seeing all the new opportunities you have embraced as you **Learn To Do By Doing**.

4-H Alberta Steer Carcass Competition 2021

The committee of the 4-H Alberta Steer Carcass Competition is planning for the 2020-21 competition. Last year there were 53 projects, and we are hoping for even more this year!

Learn about the carcass traits, genomics and what a restaurant looks for in the perfect steak. Project requirements and abattoirs will remain the same as last year. The final competition criteria will be released at the end of September.

For more information, talk to your leader or contact a Committee Member (Rod Turner, Carey Kopp, Calvin Grabler, Terry Elliot, Lyndon Mansell, or Paul Franz)



[2021 4-H-Alberta Steer Carcass Criteria](#)



We are excited to share with you the details for the Show Your 4-H Colours t-shirt fundraiser. This new initiative provides an easy, visible, and impactful way for individuals, organizations and employees to give back to 4-H Alberta and participate in the annual Show Your 4-H Colours awareness campaign that celebrates the 4-H movement across Canada.

Every November, as part of Show Your 4-H Colours, thousands of youth, volunteers, alumni, and supporters alike don their 4-H green and come together to spread awareness of 4-H and support the positive impacts the 4-H program is making in Canada and abroad.

The limited-edition T-shirts will retail for \$20, and \$4 from each shirt sold will be donated to Provincial 4-H organizations. There is also bulk order pricing available for partners/supporters of the 4-H program and organizations interested in supporting the work of 4-H.

Orders placed by Oct. 5 will be delivered in time for Show Your 4-H Colours Day on Nov. 4.

For more information about Show Your 4-H Colours, please visit: showyour4hcolours.ca



Lakeland College's Virtual Open House, Oct. 23 & 24!

Jump online to learn about Lakeland College's 50+ programs during our Virtual Open House.

Whether you spend the day with us or just a few hours, you'll have the opportunity to speak with students and faculty, learn about our supportive campus culture, take virtual tours, win prizes and more.

Save the application fee when you apply online during Open House 2020!

For details and to register, visit www.lakelandcollege.ca/openhouse

If you have any questions, please email hello@lakelandcollege.ca

Parents

Scholarships

The Scholarship Applications for the 4-H Alberta Scholarship program were reviewed and provincial recipients were selected in September 2020. Successful applicants will be notified in October 2020.

The Elmer and Ona Hansen Memorial Fund Scholarship

The application for the Elmer and Ona Hansen Memorial Fund Scholarship is now closed, and the successful applicants were selected and have been notified.

Please note: When sending transcripts to 4-H Alberta, please use the following address: RR1 Site 7
Box 10, Westeros, AB T0C 2V0

For any scholarship inquiries, please contact us by email at scholarship@4hab.com.



New Parent Section Has Arrived on the 4-H Alberta Website

Parents, we understand how important you are to the success of 4-H in Alberta. We have heard from our community that you would like a centralized place to learn about 4-H Alberta, its programs and projects for youth, and resources that are meaningful and specific to you.



4-H Alberta's New Project Record Books Update

4-H Alberta's Project Record Books have been refreshed!

With the new format, Members will receive one main Record Book Base along with individual Project Inserts.

The goal of the refresh is to standardize record books ensuring all Members have equal access to valuable project planning skills. Additionally, the Record Book Base will help Members with multiple projects keep track of their 4-H year, all in one place with less duplication.

Record Books remain a Member requirement for completion of your 4-H year; however, it is encouraged that Clubs consider the needs of their Members and adjust Project Record Books as needed.

Keep an eye out for more information on Record Books coming soon!

Any questions regarding the refresh can be directed to Programs Coordinator Tracy Dietrich:
tracy.dietrich@4hab.com, 780-781-1003.

Covid-19 Waivers

4-H Alberta has provided our 4-H families with online COVID-19 waivers to complete via eSign Genie. For those who have completed their forms online, thank you! All 4-H families must complete one waiver per household before participating in any 4-H activity.

Any guests such as spectators, instructors, or resource people are also required to complete a waiver before attending any 4-H activities. To receive a form or for inquires you can contact us at forms@4hab.com or by calling 780-682-2153.

Leaders

It's Club Registration Time! Here's how to...

(Yes, it's that ~~maniacal~~ magical time of year again!)

Welcome to the 2020/21 club year! In many ways, this is a different year than others, but 4-H club registration hasn't changed, and help is available if needed.

The following are a few tips to help you breeze through club registration!

Each General Leader and Club Registrar will have received an email that includes their **username** and **password** to register their club. Both your username and password are unique to you and also allows you access to edit your profile in the 4-H online registration system. Please, never use another person's username and password or allow another to use yours. If you are new to the position of General Leader and/or Club Registrar, please contact the 4-H Registrar at registrar@4hab.com.

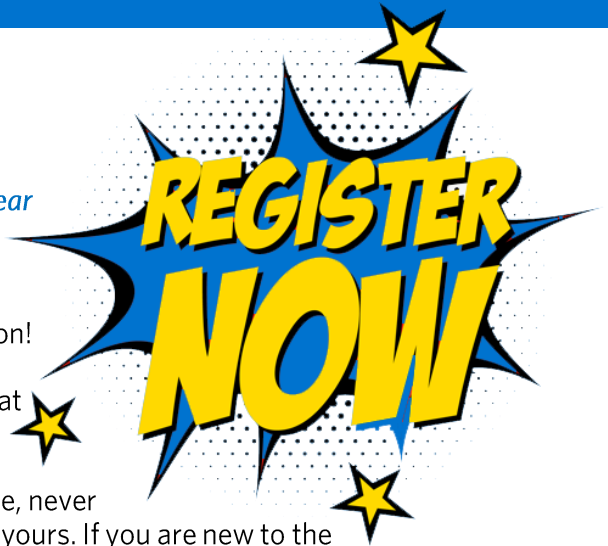
At the first gathering of your club, hand out the 4-H Alberta **Youth** and **Adult** Registration Forms (click on "youth" and "adult" to link to the forms). These forms and the **Club Registration Checklist** were also included in the email to the general leader and/or club registrar. The forms are available on **4-H Alberta's website** home page and are also available, along with a host of other great downloads, at www.4hab.com/downloads (see Club Operational Tools). Please have your club's participants (members, clever kids, leaders, volunteers) complete the form(s) and return them to you. All the personal information that you need to register everyone in your club is collected on these forms. It is really important that everyone provide a valid email account as 4-H Alberta uses email to communicate with members, leaders, volunteers, clever kids and clubs regularly. *You won't want anyone to miss some good news or a fabulous 4-H opportunity!*

Remember to complete your club's Sponsorship / Payments form when registering the club. You will be asked to provide the general leader's contact information again as well as the name of the club's Treasurer, who must have signing authority and a valid email. This information is required to allow for the flow of sponsor dollars to your club! We also require this information for any payments to your club (such as refunds and fundraising dollars from recycling efforts, fudge sales, etc.).

To receive your club supplies, your club must submit payment for registration. There are three ways to pay for your club registration: with a credit card online, a cheque made out to 4-H Alberta, a phone call to 4-H Alberta with your credit card information. Club supplies are sent out after payment has been received. A record of and receipt for your club's payment may be found under the tab, *Financials*. *This information sheet has more club and program payment details.*

Once you have selected your method of payment, you can go straight into ordering your club supplies. When ordering supplies, identify the number of copies needed of each resource, submit that resource to the shopping cart, then continue to the next resource needed. You can always see what you have ordered for your club under the tab *Supplies* located under your club information.

Visit www.4habregistration.ca to access the Online Registration System. Your 4-H Area Coordinator and the 4-H Registrar are also available to help you through the online registration process. The **General Leader's Tip Sheet** may assist you, but please note that it needs a few updates, which we hope will be in place by the time you read this! *4-H on!*



4-H Supervision Policy

Rule of Two - the purpose of this policy is to protect youth members, leaders, volunteers, and staff in potentially vulnerable situations. The goal is to achieve the "Green Standard" for all 4-H programming.

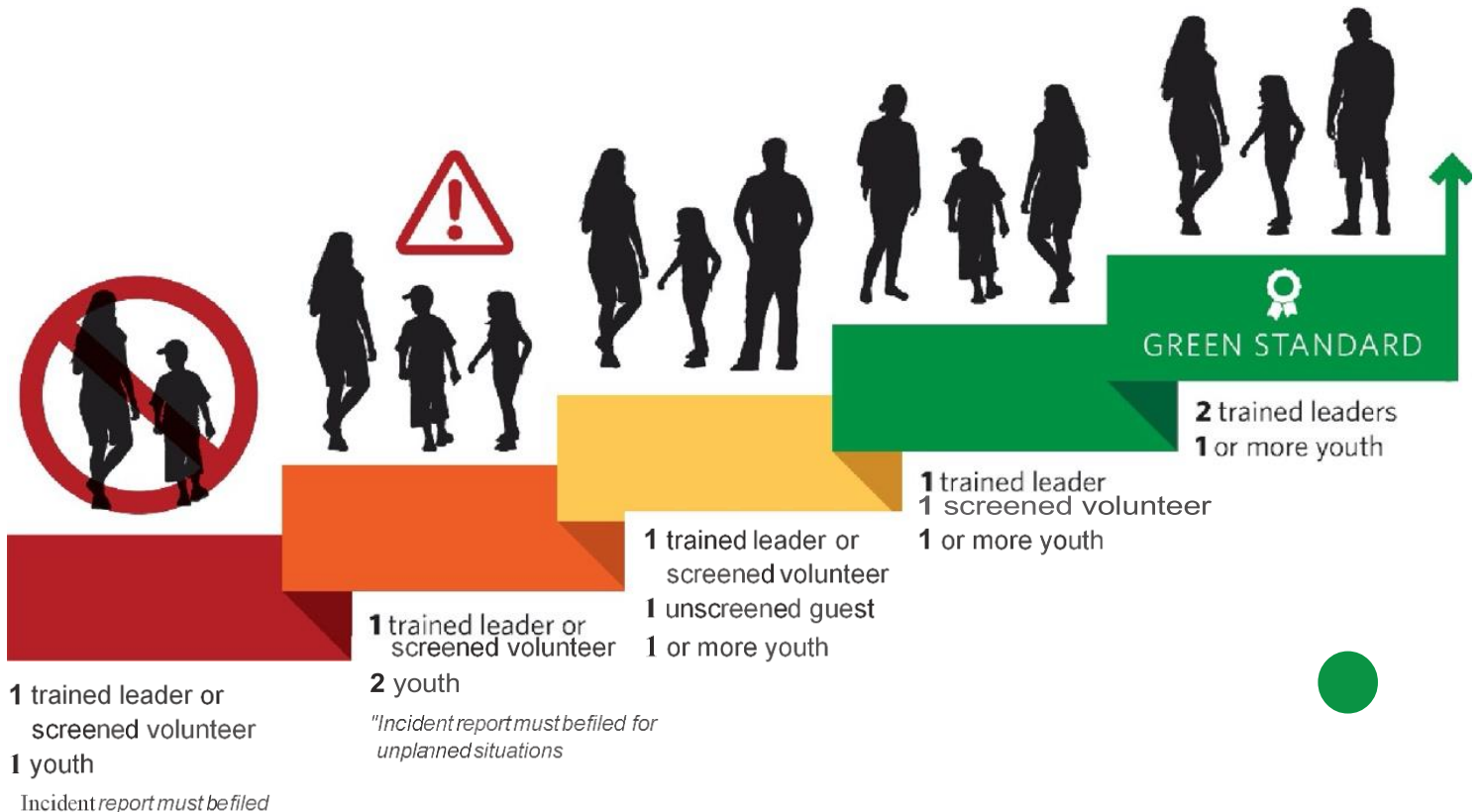
What is the "Green Standard"? The standard, which is our goal, is always to always have 2 (two) trained, screened leaders present whenever interacting with 1 (one) or more 4-H youth.

While, at this time, we may not always be meeting with members or others in person, please remember that the 4-H policies and rules still apply to all contact with members, whether the contact is with one or more members. All communications and online contacts with one or more 4-H members require that there be a minimum of two adults present.

Communications may include phone calls, emails, texts or any other online or other methods of contact. **Ideally, two fully screened and trained leaders would be present and/or included for ALL communications.** If that is not possible, then one trained, screened leader and a screened volunteer would be a good option. Finally, one trained, screened leader, along with a guest, such as a parent, will suffice. So, to all 4-H Alberta leaders in contact with one or more members:

- when emailing and/or texting and/or any other online communicating, make sure to copy another leader and direct member(s) to "REPLY ALL" when responding;
- when conducting any online meetings, ensure that another leader, volunteer or parent is also present throughout the communication;
- phone calls must also include another leader or adult, so conference calls, calling the parent(s) and having them remain on the line or placing the calls while on speaker with the two adults present is required.

For more information or, if you have questions, please contact Susann Stone at susann.stone@4hab.com or 780-898-4223 or contact your Area Coordinator. You may also call Bernadette at 780-898-3037 or email bernadette.sereda@4hab.com.



Abuse Prevention & Duty to Report

Required Training for Screened Leaders & Volunteers

Abuse Prevention and Duty to Report training includes: 1) online Commit to Kids training and 2) review of the downloadable Duty to Report document. This training is required for all adults working in any positions of trust within 4-H Alberta. Online training may be completed in one or more sessions.

In partnership with 4-H Canada, 4-H Alberta offers key training in **Abuse Prevention and Duty to Report**. The training is now mandatory for all 4-H Alberta staff, leaders, other screened volunteers (such as camp helpers), and board members and must be completed in addition to the screening process. The training is optional for unscreened volunteers but is strongly encouraged.

We invite you to participate now to increase your awareness and to learn how to take a proactive role in ensuring that 4-H youth remain safe and protected. The training is free to all 4-H volunteers, leaders, staff and board members and can be completed in one or in multiple sessions. This training becomes mandatory across Canada in May 2021, and, for 4-H Alberta, this means it is mandatory for this 2020-2021 4-H year.

4-H Alberta and 4-H Canada share a priority to ensure that all children and youth participating in 4-H programs and activities are safe and protected from harm. Commit to Kids is a program that helps organizations create safe environments for children. It provides policies, strategies, and step-by-step plans for reducing the risk of child sexual abuse, encouraging organizations to take an active, participatory role in protecting children in their care.

Commit to Kids was developed by the Canadian Centre for Child Protection. The online training, along with the downloadable Duty to Report document, provides best practices to increase the personal safety of children and youth. *Who doesn't want that? Let's work together to provide the best learning opportunities and mentorship in the safest ways that we can. You know we can!*

Commit to Kids training has already been completed by many, and successful completion of training is recorded in leaders' and volunteers' profiles in the online registration system. Right now, leaders and volunteers can find further details and instructions for accessing the training via the 4hab.com website and can [download detailed instructions here](#). For more information, contact Susann Stone at susann.stone@4hab.com or 780-898-4223.

Watch for more training notifications coming soon! 4-H Alberta strives to support our world-class volunteers as they work with our future leaders!

Important Changes to Screening

Working together with 4-H Alberta's world-class volunteers to ensure safety for youth participation in 4-H

Volunteer Leader Screening is now required every 3 years.

All 4-H leaders and volunteers must now complete screening every three (3) years. Previously, re-screening was required every 5 years. For you, as a returning leader or volunteer, this means that you need to re-screen if you last screened in the following 4-H years (note that the 4-H year runs from October 1 - September 30):

- 2015-2016;
- 2016-2017;
- 2017-2018.

Time to re-screen if you last screened in one of these 4-H years!

You can log in to your online profile to check your last "screened" date. [This tip sheet can assist you](#) or contact your Area Coordinator or 4-H Registrar for assistance (registrar@4hab.com).

Screening is required for all adults working in any perceived positions of trust within 4-H Alberta. Here, perception is key and is in reference to our members and all youth engaged with 4-H Alberta. If youth may perceive you to be a person who is working or volunteering within 4-H Alberta, then you may be required to screen as you are perceived to be in a position of trust.

Training for leaders and volunteers carries on, and we encourage you to complete required and optional training components now and as they are offered (see Abuse Prevention and Duty to Report article also). Training helps support you in your efforts to mentor 4-H youth and provides guidelines and skills development to help you inspire our future leaders.

Thank you for being diligent and for working together with all of us in 4-H Alberta to provide superior, safe programming and meaningful mentorship to our 4-H youth!

Remember, it is all about keeping kids safe!



4-H Alberta Leader Learning Days Uncover the Leader in You - 2020

JOIN US FOR A ONE DAY EVENT – Learn & network with your fellow Leaders and Volunteers across the province!



Uncover the Leader in You 2020 offers:

- Your leader training
- Networking opportunities
- Sharing platforms for clubs, programs, and resources
- 4-H Alberta updates and discussion.
- Info on mental health, record books, diaries, camps, provincial programs, cyber bullying and more!

Come and meet your Area Coordinator, connect with your community, and plan for the year ahead! **Uncover the Leader in You** is open to all Leaders, Volunteers, and Senior Members.

Thank you to the West Central Region for planning and hosting this event!

Date: November 21
Location: Camrose Regional Exhibition
Time: 8:30 am – 5:00 pm

Registration fee - \$25.00

Register at www.4habregistration.ca

Sponsors

4-H Alberta Announces New Sponsorship with CPA Education Foundation

The CPA Education Foundation (CPA EF) is the Chartered Professional Accountants (CPA) of Alberta's charitable arm. The Foundation's primary mandate is to strengthen the future of the accounting profession in Alberta through partnerships by supporting business education and students, and the incubation of innovative ideas.

Each year, the Foundation provides up to \$1.2 million in support of that mandate. The Foundation is excited to partner with 4-H Alberta to create a new youth leadership development program. CPA EF is also proud to lead other initiatives, including the Hesje CPA Knowledge Centre and the Stepping Up program, that provide physical and digital resources for high school students.

For more information on these initiatives, please visit www.cpaalberta.ca/Foundation



Thank You

We would like to express our sincerest appreciation to our partners and supporters for their continued investment and support.

Thank You! We could not provide first-class youth programs without your help!

Diamond Clover Sponsor



Emerald Clover Sponsors



Gold Clover Sponsors



Silver Clover Sponsors



Connect with 4-H Alberta on Social Media



4-H Alberta website link: [4-H Alberta](#)

Registration: [4-H Alberta Registration](#)

Leader Screening: [4-H Alberta Leader Screening](#)