

4-H Alberta Senior Symposium 2021 Program Impact Report



Positive Youth Development (PYD)

4-H Alberta uses the 4-H Canada PYD formula to help measure the success of all 4-H programming and the impact it has on our Members. Click [HERE](#) to learn more about the PYD model and how to apply it.

All 4-H Alberta programming aims to cultivate and foster the **six key assets** surrounding the PYD formula:

- Positive Values
- Responsibility
- Skill Mastery
- Leadership Development
- Planning and Decision Making
- Sense of Purpose

At the Centre of the formula are the **three essential elements** that are required at every 4-H Alberta Program:

- Safe, Fun, Inclusive Environment
- Caring Adults
- Learn To Do By Doing



All 4-H Alberta programs are evaluated on their success in promoting each of the key assets as well as the presence of the three essential elements through participant feedback and program review. Feedback from the participants in 4-H programming is essential in determining the success of the program, the impact on 4-H Members, and informing future programs and changes.



Leadership Development Pillars

Under the four 4-H Canada Leadership Development Pillars, 4-H Alberta is delivering impactful programming that is relevant to today's youth.

Each 4-H program fits under one or more of the pillars to ensure all the opportunities available to 4-H Members are relevant to them and support the PYD formula.



Community Engagement & Communications: Members are involved in their school, neighborhood, town or city, and making a positive impact by communicating thoughts, ideas and solutions to challenges they see in the world around them.

Science & Technology: Learning about science and technology is important and will help youth make positive choices for their future—choices about their careers, the food we eat and the health of the planet.

The Environment & Healthy Living: 4-H programs and projects promote the health and well-being of youth, their community and the planet we live on. It's important for them to be knowledgeable about their own health, what influences healthy living and how to support others in taking care of themselves.

Sustainable Agriculture & Food Security: 4-H Canada has deep roots in rural and agricultural communities, and was founded on the innovation and energy of youth engaged in those communities. 4-H continues to grow awareness of Canada's agriculture sector, build skills in agricultural practices and showcase opportunities in the industry.

Dates: October 22nd - 24th

Location: Alberta 4-H Centre

Ages: Senior 4-H Alberta Members (15 - 20 years)

Number of Delegates: 73

Program Details: The Senior Symposium is a program designed specifically for 4-H Alberta's Senior Members to have fun together and connect with a wide range of professionals and specialists in topics that are relevant to them. With a focus on career and future planning, the program is full of unique development opportunities for Senior Members looking to explore their future and build their skills!

Delegate Feedback:

From all the delegates who attended the Senior Symposium:

- 🍀 100% said they felt safe at the program
- 🍀 95.9% said they would recommend the Senior Symposium to other Senior 4-H Members
- 🍀 91.9% said they strengthened their leadership skills
- 🍀 93.2% said they learned more about planning and decision making
- 🍀 91.9% said they developed a stronger sense of purpose
- 🍀 98.6% said they had access to specialists and staff who promoted positive values
- 🍀 93.2% said they gained a stronger sense of responsibility
- 🍀 90.5% said they developed or gained new skills



Senior Symposium Highlights:

- 🍀 Everyone had a great time at the dance! It was the most reported favourite activity from all the Senior Members who attended.
- 🍀 The Senior members enjoyed the popcorn table sessions where they had the opportunity to chat with specialists from a variety of backgrounds in a small group setting.
- 🍀 It was fantastic to be able to meet in person for a program. Senior 4-H Members appreciated the opportunity to get together with friends and connect with other 4-Hers from across the province!



4-H Alberta Senior Symposium Supporters

4-H Alberta programs are made possible by the generous support of our partners and supporters. Without their help, we would not be able to provide amazing, fun, and engaging youth programs.

We would like to say a special thank you to our provincial sponsors who helped make the **4-H Alberta Senior Symposium** possible:

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