



CANADA
4-H Alberta

Summer Camp Program Handbook 2024



MEET YOUR SUMMER STAFF!



Madi



Candace



Charlotte



Shelby



Ali



Vian



Randi



Cooper

WELCOME!



Dear 4-H Families and Guests,

We are thrilled you are choosing 4-H Alberta for your 4-H members summer program, and we are excited for a summer filled with learning, enrichment, adventure, and fun. Our enthusiastic camp staff team is passionate about creating fantastic summer camp programs!

While each camper's daily schedule will be different, we plan each day to be filled with new learning activities and opportunities for camaraderie. Our goal is to provide our campers with a safe and nurturing environment where they feel encouraged to try something new, be creative, and build resilience to grow and thrive.

Fun is the 4-H Alberta not-so-secret ingredient that makes our summer camps shine! Camp is a place where smiles are a little wider, laughs are a little louder, and hearts race a little faster in anticipation of the next great activity!

These next few pages will detail all the information you need to know before the program starts to ensure you are well prepared and ready for a great experience. We look forward to seeing you this summer!

Kind Regards,
Your 4-H Alberta Summer
Program Coordinator Team

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4-H CENTRE CAMPS



AGE GROUP	CAMP PROGRAM	DATES	DROP-OFF TIME	PICK-UP TIME
JUNIOR (AGES 9-11)	JUNIOR CAMP 5-DAY	JULY 7-11, 2024	2:00 PM - 3:00 PM	12:00 PM - 1:00 PM
INTERMEDIATE (AGES 12-14)	INTERMEDIATE CAMP	JULY 14-18, 2024	2:00 PM - 3:30 PM	12:00 PM - 1:00 PM
COMBINED (AGES 10-13)	COMBINED CAMP 1	JULY 21-25, 2024	2:00 PM - 3:00 PM	12:00 PM - 1:00 PM
JUNIOR (AGES 9-11)	JUNIOR CAMP 4-DAY	AUGUST 11-14, 2024	2:00 PM - 3:00 PM	12:00 PM - 1:00 PM
COMBINED (AGES 10-13)	COMBINED CAMP 2	AUGUST 18-24, 2024	2:00 PM - 3:00 PM	12:00 PM - 1:00 PM

4-H CENTRE SPECIALIZED CAMPS



AGE GROUP	CAMP PROGRAM	DATES	DROP-OFF TIME	PICK-UP TIME
SENIOR (AGES 15-20)	YLEAD	JULY 1-5, 2024	2:00 PM - 3:00 PM	12:00 PM - 1:00 PM
ALL	FAMILY CAMP	JULY 19-21, 2024	2:00 PM - 4:00 PM	1:00 PM - 2:00 PM
SENIOR (AGES 15-20)	SUMMER RETREAT	JULY 25-28, 2024	6:00 PM - 7:00 PM	12:00 PM - 1:00 PM
COMBINED (AGES 11-14)	TREK	JULY 29-AUGUST 1, 2024	2:00 PM - 3:00 PM	12:00 PM - 1:00 PM
COMBINED (AGES 11-14)	INSPIRATION	JULY 29-AUGUST 1, 2024	2:00 PM - 3:00 PM	12:00 PM - 1:00 PM
INTERMEDIATE (AGES 12-14)	AIM	AUGUST 5-10, 2024	6:00 PM - 7:00 PM	12:00 PM - 1:00 PM



REGIONAL CAMPS

AGE GROUP	CAMP PROGRAM	DATES	DROP-OFF TIME	PICK-UP TIME
ELKWATER JUNIOR (AGES 9-11)	JUNIOR CAMP	JULY 9-13, 2024	2:00 PM - 3:00 PM	12:00 PM - 1:00 PM
ELKWATER INTERMEDIATE (AGES 12-14)	INTERMEDIATE CAMP	JULY 14-18, 2024	2:00 PM - 3:00 PM	12:00 PM - 1:00 PM
CAMP ARTABAN COMBINED (AGES 10-13)	COMBINED CAMP	JULY 21-25, 2024	2:00 PM - 3:00 PM	12:00 PM - 1:00 PM
MOOSE LAKE INTERMEDIATE (AGES 12-14)	INTERMEDIATE CAMP	JULY 30 - AUGUST 3, 2024	2:00 PM - 3:00 PM	12:00 PM - 1:00 PM
MOOSE LAKE JUNIOR (AGES 9-11)	JUNIOR CAMP	AUGUST 4-8, 2024	2:00 PM - 3:00 PM	12:00 PM - 1:00 PM

4-H Alberta offers a variety of camps for every age group! Locate the camp program that you have registered for (make sure you double check which camp program you or your child signed up for) and write down the drop-off and pick up times! Campers can only be dropped off and picked up during these times, unless alternative arrangements have been made.



**JUNIOR,
COMBINED,
INTERMEDIATE**



**AIM,
TREK &
INSPIRATION**

JUNIOR CAMP
COMBINED CAMP
INTERMEDIATE CAMP

4 OR 5 DAY EXPERIENCE
5 DAY EXPERIENCE
6 DAY EXPERIENCE

AIM CAMP
TREK CAMP
INSPIRATION CAMP

6 DAY EXPERIENCE
4 DAY EXPERIENCE
4 DAY EXPERIENCE

Experience it all! At our Junior, Combined, and Intermediate camps you could swamp a canoe, navigate our low ropes course adventure walk, take aim at the bull's-eye, blaze the trails, meet new friends and so much more. Top it all off with theme meals, exciting night games, and food that will have you saying "this is better than mom's cooking!", you're sure to have the best week of your summer at 4-H camp. Join us on the adventure this summer!

FOCUS: Skill Mastery; Leadership & Teamwork Development; Sense of Purpose;

At AIM, you'll be choosing a skill area to master over the week - whether it is questing through the forest, or completing a variety of science experiments! You'll also have time to do regular camp activities like gaga ball, thrilling new night games, and a colour war you'll never forget.

Trek camp is our only camp done completely outdoors! Get ready for a week of wilderness exploration alongside classic camp fun!

Inspiration Camp is for those who want to get creative and build connections! Campers will engage in different projects that will benefit themselves and others and classic camp activities!

FOCUS: Specialized Skill Mastery; Citizenship Education; Leadership & Teamwork Development; Wilderness Education

YLEAD



FAMILY CAMP



YLEAD

5 DAY EXPERIENCE

Learn more about yourself and others at our senior member programs! Build your teamwork and leadership skills at YLEAD that will prepare you to be a leader inside and outside of camps. Participants will also learn valuable skills to become excellent Youth Leaders at summer camps!

FOCUS: Skill Mastery; Leadership & Teamwork Development; Responsibility; Planning & Decision Making; Positive Values

FAMILY CAMP

3 DAY EXPERIENCE

Fun for everyone is waiting at Family Camp! The WHOLE family can participate in skill sessions such as canoeing, archery, and low ropes while also engaging in group games, theme challenges, and family competitions! Evenings will be spent playing games, sitting around the campfire, or participating in the talent show!

FOCUS: Skill Mastery; Leadership & Teamwork Development; Sense of Purpose



Our Junior, Combined and Intermediate programs have a wide-range of activities that campers can participate in.

Some of the skill sessions we offer are:

- Canoeing
- Arts & crafts
- Archery
- Low ropes challenge course
- Cooking
- Outdoor adventure
- Dance
- Science
- Sports

Plus, we offer tons of traditional camp activities that ALL campers will have plenty of time to do, such as:

- Chuck the Chicken
- Gaga ball
- Campfires
- Night games
- Water games
- Theme meals
- Colour war
- Formal banquet
- All camp dance

At AIM, our delegates pick a specific skill area to master - therefore, the activities that they participate in will be highly specialized for that area.

They can choose from Science or Outdoors!

WHAT DOES A TYPICAL DAY AT CAMP LOOK LIKE?

8:00 AM	Flag Raising	3:00 PM	Skill Session 3
8:15 AM	Breakfast	4:00 PM	All camp activity
9:00 AM	Skill Session 1	6:00 PM	Dinner
10:00 AM	Skill Session 2	7:00 PM	Evening activity
11:00 PM	Camp Clubs	8:00 PM	Snack
12:00 PM	Lunch	8:30 PM	Night Game/Campfire
1:00 PM	Connection time	9:30 PM	Flag lowering
2:00 PM	Learning Session	9:45 PM	Get ready for bed



CAMP ACTIVITIES

4-H ALBERTA PIRATES OF THE GREEN CLOVER

Ahoy there, mateys! Welcome aboard the thrilling adventure of the "Pirates of The Green Clover"! Get ready to set sail into a world of excitement and discovery as you embark on a journey unlike any other. Prepare to join one of two legendary ship crews: The Seabird Sovereign or The Rhyme Rascal, and together, you'll chart a course to uncover the long-lost treasure of Clever the Beaver.

Throughout your time at camp, you'll forge bonds with new shipmates, forming friendships that will last a lifetime. From daring competitions to skill-building sessions, every moment will push you to grow stronger, smarter, and more capable. But fear not, for true pirates will also discover the value of teamwork and sportsmanship. You'll navigate treacherous waters, overcome obstacles, and face each challenge with the help of your shipmates, leading you to the ultimate treasure.

And as the sun sets on each day, gather at the Clover Court, where tales of bravery and adventure will be shared. Here, you'll have the chance to honour your fellow shipmates, recognizing those who exemplify the spirit of teamwork and sportsmanship. So hoist the sails and prepare to set forth on the adventure of a lifetime! The treasure awaits, but only those who work together as a united team will be able to claim the title of true pirates of The Green Clover!



2024
CAMP THEME

PACKING LIST



WHAT TO BRING...

- Bedding (sleeping bag, comforter, etc.)
- Pillow
- Towels (shower & beach)
- Shampoo & soap
- Toothbrush, toothpaste, dental floss
- Sunscreen & bug spray
- Water bottle (large)
- Flashlight
- Closed toe-shoes
- Shorts
- Shirts
- Pyjamas
- Long pants (jeans, sweats, leggings, etc.)
- Sweater or sweatshirt
- Warm jacket
- Socks and underwear
- Banquet clothes (semi-formal)
- Rain gear
- A comfortable bathing suit to move in
- Sandals/flip-flops
- Indoor shoes/slippers
- Prescription medications (labeled)

We strongly encourage you to label all items with first and last names. Some activities involve dirt and paint that may stain clothing, pack accordingly.

TREK CAMP X-TRA THINGS TO BRING

- Bedding (sleeping bag, small foamy,)
- Tarp and Rope (optional)
- Hiking or camping backpack that fits everything
- Layers (Fleece, Light Down/Synthetic Jacket)
- Warm clothes (baselayers, mittens, toque, extra socks for at night)
- Travel-size toiletries in a separate plastic bag (labelled)
- Rain gear (boots, coats, pants, etc.)
- Small backpack to carry items during the day
- A large empty tin can, to make a lantern

WHAT NOT TO BRING...

- Electronic equipment (phone, laptop, games, etc.)
- Jewelry
- Pocket knives/weapons of any kind
- Tobacco, alcohol products, vaping products/e-cigarettes
- Non-prescription drugs
- Money
- Candy or food
- Expensive clothing or accessories
- Matches/lighters



ALBERTA 4-H CENTRE DIRECTIONS



The 4-H Alberta Centre is located on Range Road 21, off of highway 13.

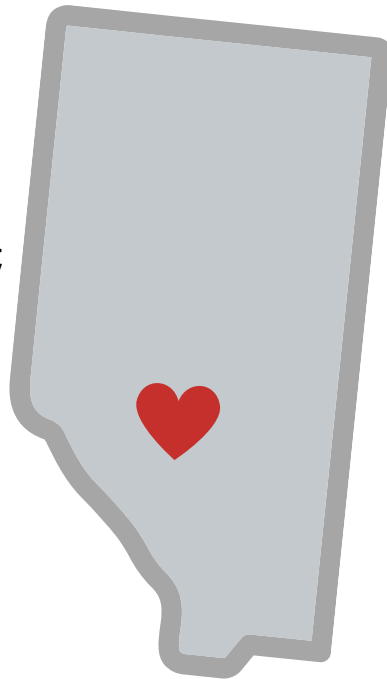
Google maps: Alberta 4-H Centre or 461043A Range Road 21

DIRECTIONS FROM EDMONTON:

- Head South on AB-2 for approximately 57KM;
- Take exit 482B - merge onto AB-13 W toward Ma-Me-O Beach/Winfield;
- Continue on AB-13 for approximately 37\KM;
- Your destination will be on the right.

DIRECTIONS FROM CALGARY:

- Head North on AB-2 for approximately 225KM;
- Take exit 482B onto AB-13 W for approximately 37KM;
- Your destination will be on the right.



Please note: Drop off and pick up will happen in the basement of building #1



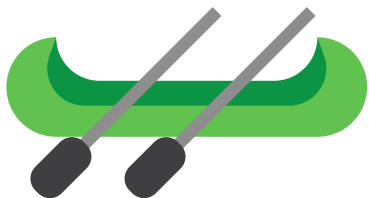
REGIONAL CAMP DIRECTIONS



Peace Region Camp

Camp Artaban: located 9km north of the Town of Grimshaw or 22km west of Peace River on the shore of Lac Cardinal.

Google Maps Location:
Camp Artaban, County Of Northern Lights,
AB T0H 1W0



South Region Camp

Camp McCoy: Located at Elkwater Alberta. Follow 4th Ave West in Elkwater. Turn South on Lakeview Dr. Follow the road until it turns into a gravel road. Follow the gravel road to the very end where Camp McCoy is located.

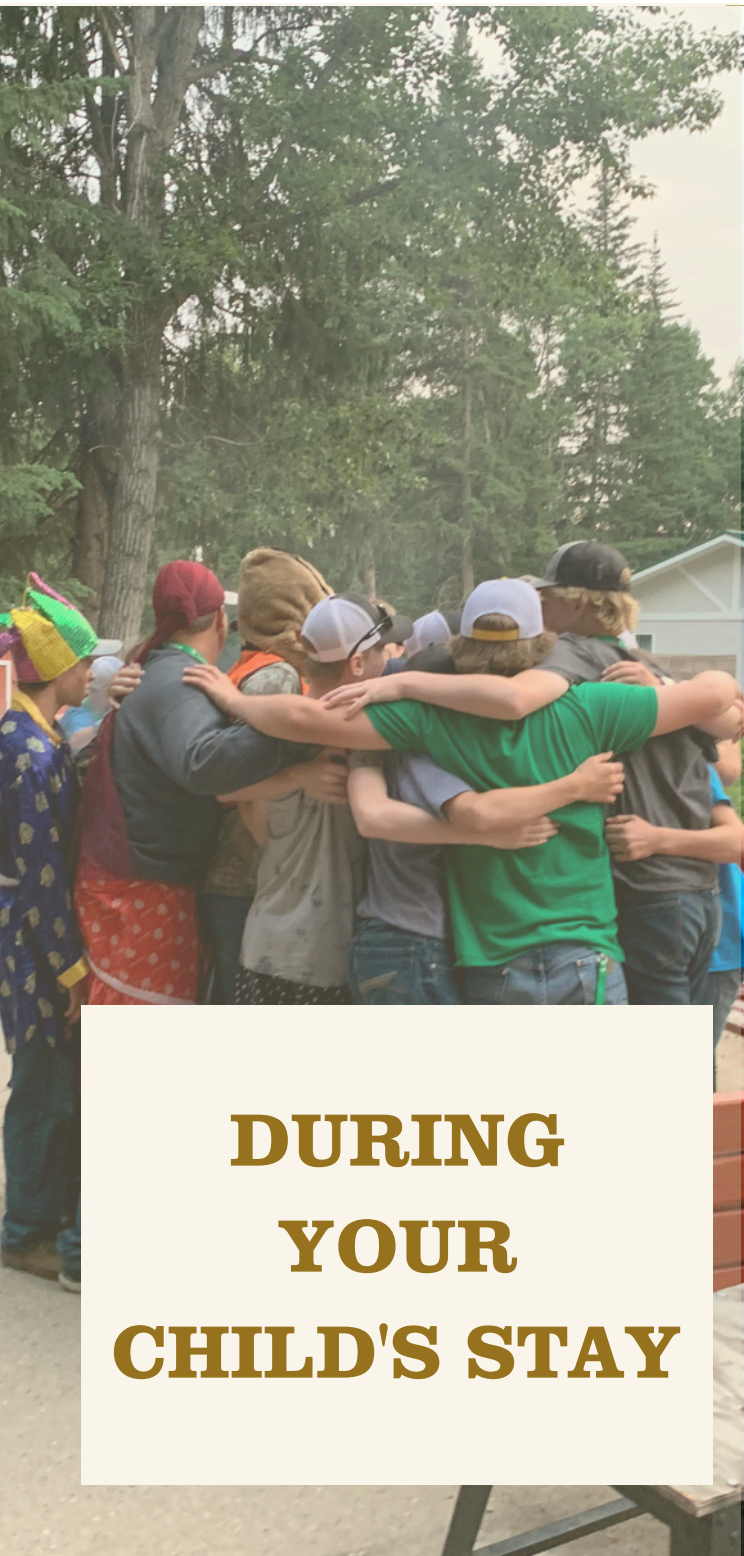
Google Maps Location:
Camp McCoy, 8225 Range Road 30A,
Elkwater, AB T0J 1C0

Northeast Region Camp

Moose Lake Pentecostal Camp: Located off of Highway 660 on the Shore of Moose Lake

Google Maps Location:
Moose Lake Pentecostal Camp, Bonnyville
No. 87, AB T0A 1P0





CONTACTING YOUR CAMPER

Should you need to contact your child in an emergency situation, please ensure that you record the number that will be posted at registration drop-off time. This number varies by the camp, therefore it must be recorded while on site.

PARENT COMMUNICATION

You shouldn't expect to hear from the camp coordinator's while your child is at a program. However, there are a few instances that would require contacting you:

- Breaching the code of conduct/program agreement
- Behavioral issues (including bullying)
- Severe homesickness
- Illness that cannot be treated at camp
- If your child requires medical care
- Emergency situations or evacuations

VISITING CAMP

For the safety and well-being of our campers, we operate under a closed camp facility. We do not permit outside visitors while camp is in session.

SUPERVISION

Your child's safety and well-being is our first priority. Junior and Combined campers are in groups of 8-10 and are supervised by 1-2 staff or youth leaders. Intermediate delegates are in groups of 10-12 and are supervised by 1-2 staff or youth leaders.

FIELD TRIPS

Campers may or may not have a scheduled field-trip during their stay at camp. Campers are always supervised by staff and/or Youth Leaders throughout their visit.

**DURING
YOUR
CHILD'S STAY**

**WE CAN'T WAIT TO MAKE
MORE MEMORIES WITH
YOU THIS SUMMER!**





**SEE YOU
SOON!**



CANADA
4-H Alberta